

The Fleet and Family Support Center (FFSC) offers an array of classes each month that are FREE to active duty, retirees and their family members. Pre-registration is required due to limited seating. Please make arrangements as childcare is not provided.

920 USS James Madison Rd.
Kings Bay, GA 31547

Hours of Operation:
Mon, Tues, Wed & Fri:
8:00am - 4:30pm
Thursday
9:00am - 4:30pm

Connect with us!



Join these in-person classes with Fleet and Family Support Center subject matter experts.

To register for these classes, please call FFSC at 912-573-4512/4513 or register online with the QR code.



We will be closed on
2 September in
observance of Labor Day.



SEPTEMBER 2024 CLASS SCHEDULE



RELOCATION

PCS with DPS
Every Thursday @ 3:00pm

CONUS Smooth Move
5 SEP 2:00pm-4:00pm

DEPLOYMENT

Kings Bay Express (Base Tour)
11 SEP 10:00am-12:00pm

Reintegrating with Family
16 SEP 12:00pm-1:30pm

MIND, BODY, MENTAL FITNESS

Stress Resilience
Mindfulness & Meditation
9 SEP 2:00pm-4:00pm

Living Core Values
Flexibility
16 SEP 2:00pm-4:00pm

Problem Solving
Connection
30 SEP 2:00pm-4:00pm

**REGISTRATION FOR
CLASSES IS REQUIRED.**

TRANSITION/EMPLOYMENT

Executive TAP
3-5 SEP 7:00am-4:30pm

Federal Employment 102
17 SEP 10:00am-11:30am

TAP Separation
23-27 SEP 7:00am-4:30pm

My Education
26-27 SEP 9:00am-4:30pm

COUNSELING & ADVOCACY

Anger Management Intensive
Every Tuesday @ 1:00pm

STOP
Every Wednesday @ 1:00pm

Parenting Class
Every Monday
9:00am-11:30am

COB Quals
2nd and 4th Tuesday of the Month
11:00am-12:00pm

SAPR/FAP/SAIL/IPPW
Commander's Tool Kit
1st Tuesday of each Month
1:00pm-3:00pm

PERSONAL FINANCIAL MANAGEMENT

Car Buying
17 SEP 2:00pm-4:00pm

SAPR

SAPR 40-Hour UVA Training
9-13 SEP 8:00am-4:30pm

SAPR AUVA Training
17 SEP 8:30pm-12:30pm

OMBUDSMAN



*Ombudsman Appreciation Day
September 14, 2024*

*Have you thanked your
Ombudsman today?*

